



Think, Do, Create, Learn, Contribute, Socialize, Connect and Experience.

Each Oakmont community calendar is planned to include all of our Core Elements, listed above. Specific offerings will change from month to month and vary per location to reflect the interest and abilities of residents and local opportunities.

Oakmont Scholarship Fund

At Oakmont, underpinning the success of our communities is the quality of our employees and their job satisfaction. We hear repeatedly that the training and opportunities for growth and advancement are important elements in how staff feel about working at Oakmont. Providing those opportunities is a goal and process we are committed to.

Oakmont's owners, the Lins and Gallahers, founded the Lin/ Gallaher Families Scholarship Fund at the end of 2016. This program will provide up to \$1000 per semester or \$2000 per calendar year for employees and their adult children. Qualifying programs include both traditional academic institutions and vocational programs.

The Lins and Gallahers hope that this fund will provide a tangible manner of both appreciating and investing in our terrific Oakmont staff. The first application period recently ended and \$72,458 was awarded to 83 Oakmont employees and 17 children of employees for the spring 2017 semester. Congratulations to all scholarship recipients!

The Oak Club

Friends make great neighbors and we want to thank you for each referral that you give us. For each friend that moves in and lives at Oakmont for 90 days, we will thank you by giving you a free month's rent and making you a member of our exclusive Oak Club.

Contact the Marketing Department to learn more about this wonderful program!



Transportation

Sundays
Church services - Various times

Wednesdays
Excursions - Various times

Thursdays
Shopping - Various times

Dr. Appointments by Reservation
Please see the concierge for booking

Monday	8:00 am to 1:00 pm
Tuesday	8:00 am to 1:00 pm
Friday	8:00 am to 1:00 pm



Oakmont of Roseville
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Please visit
oakmontofroseville.com
to see a list of our Directors

Featured February Excursions

Aero Space Museum

Leonardo da Vinci was one of the greatest minds of all time, and Machines in Motion brings his ideas to life. Enjoy over 40 full-size machine replicas made directly from Leonardo's innovative designs and drawings. The Museum also has on display a wide-range of both military and civilian aircrafts: everything from biplanes to Russian MIGs. It's your chance to view thrilling jets such as a US Navy Blue Angels fighter, A-10 Thunderbolt, and a famous 'Top Gun' F-14 Tomcat - just like the movie!

Wednesday, February 15th, 10:00 am

Book your reservation with the concierge as space is limited.



Budweiser Factory Tour

Opened in 1976, the Fairfield brewery has quickly become our "greenest" brewery. The brewery uses energy from the sun and wind through a 7-acre solar array and two wind turbines. All of the brewery tours offer a perspective and understanding of brewing Budweiser that you won't find anywhere else. From the advanced brewing technology to engaging storytelling, you'll get a feel for the historical significance of one of America's oldest brewers.

Tuesday, February 21st, 9:15 am

Book your reservation with the concierge as space is limited.

Oakmont Activities Core Elements

February 2017

Think	Do	Create	Learn	Socialize	Experience	Contribute
Thought-provoking games and discussions to stimulate the mind and encourage engagement.	Exercise benefits both the mind and body and is available daily. A variety of activities is offered to help support strength, balance, flexibility and functional endurance.	Residents continue to enjoy creative pursuits of different types. Each community offers classes and workshops that reflect the interest of the residents.	Lifelong learning enables personal growth and stimulates and enriches the mind.	Socializing is a thread that runs throughout all the activities at Oakmont, but the following are scheduled specifically to share fun and entertainment with neighbors and friends.	Excursions to places of interest and enjoyment. Museums, gardens, restaurants, music and theater.	Doing for others brings meaning and purpose to our lives. Seniors can contribute to their community in a variety of ways.
<p>Debate & Engage <i>Last Sunday, 2:30 pm (AR)</i></p> <p>Word Games <i>Fridays, 2:00 pm (AR)</i></p> <p>Current Events Discussion <i>Wednesdays, 4:00 pm (LR)</i></p> <p>Trivia <i>Thursdays, 4:00 pm (LR)</i></p> <p>Brain Games <i>Saturdays, 10:00 am (AR)</i></p> <p>Puzzles & Crosswords <i>2nd 3rd Wednesday, 2:30 pm (AR)</i></p>	<p>Circuit Training <i>Mondays, 10:00 am (FC)</i></p> <p>Chair Yoga <i>Tuesdays, 10:00 am (AR)</i></p> <p>Chair Fitness <i>Wednesdays, 10:00 am (AR)</i></p> <p>Stretch and Flex <i>Thursdays, 10:00 am (AR)</i></p> <p>Chair Chi <i>Fridays, 10:00 am (AR)</i></p> <p>Walking Club <i>Weekdays, 9:00 am (L)</i></p>	<p>Culinary Club <i>1st & 3rd Tuesday, 10:30 am (AR)</i></p> <p>Scrapbooking <i>2nd Tuesday, 2:00 pm (AR)</i></p> <p>Jewelry Making <i>3rd Wednesday, 3:00 pm (AR)</i></p> <p>Choral Group <i>2nd Thursday, 2:30 pm (LR)</i></p> <p>Creative Crafts <i>Most Saturdays, 1:00 pm (AR)</i></p> <p>Needle Crafts <i>1st and 3rd Thursdays, 2:30 pm (AR)</i></p>	<p>Adventure Travel <i>Mondays, 10:30 am (AR)</i></p> <p>TED Talks <i>Most Thursdays, 11:00 am (AR)</i></p> <p>Documentaries <i>Fridays, 10:30 am (AR)</i></p> <p>Technology Class <i>3rd & 5th Saturdays, 9:00 am (AR)</i></p> <p>This Week in History <i>Tuesdays, 4:00 pm (L)</i></p> <p>Enhance Your Memory <i>Saturdays, 10:30 am (AR)</i></p>	<p>Bingo <i>Sundays, 1:30 pm (AR)</i></p> <p>Family Social <i>Sundays, 2:30 pm (LR)</i></p> <p>Wii Games <i>Sundays, 3:30 pm (AR)</i></p> <p>Musical Performance <i>Mondays, 2:00 pm (LR)</i></p> <p>Card Games <i>1st & 3rd Tuesday, 2:30 pm (L)</i></p> <p>Happy Hour <i>Fridays, 3:00 pm (LR)</i></p>	<p>Crocker Art Museum <i>Wednesday, February 1st, 10:00 am</i></p> <p>Thunder Valley <i>Wednesday, February 8th, 10:00 am</i></p> <p>Galleria Mall <i>Wednesday, February 8th, 2:30 pm</i></p> <p>Aero Space Museum <i>Wednesday, February 15th, 10:00 am</i></p> <p>Budweiser Factory Tour <i>Tuesday, February 21st, 9:15 am</i></p> <p>Carnegie Museum <i>Thursday, February 22nd, 10:00 am</i></p>	<p>Making Items for Charity <i>1st & 4th Saturday, 3:00 pm (AR)</i></p> <p>0 <i>0</i></p>
						<h2>Connect</h2>
						<p>Clear your mind and strengthen your spiritual connection.</p> <p>Pet Visits <i>Mondays, 1:30 pm (LR)</i></p> <p>Communion <i>Tuesdays, 10:00 am (L)</i></p>

In-House Special Events This Month

Location Key

- AR Activity Room
- B Bistro
- CY Courtyard
- DR Dining Room
- FC Fitness Center
- G Garden
- L Lobby
- LI Library
- LR Living Room
- MT Movie Theater
- PDR Private Dining Room



Valentines Day Dinner

Tuesday, February 14th, 4:30 pm to 7:00 pm (DR)

Be our Valentine! Join us for a delighted dinner as we celebrate Valentine's Day. Enjoy a special menu and live saxophone music by Jerry Fairlie.

Reservations are required for parties of 6 or more. Please contact our Concierge to sign-up for this beautiful experience.

An Afternoon in Paris

Saturday February 25th, 1:30 pm

Savor delectable French-themed bites prepared by our exceptional culinary team. Enjoy a Wine Tasting and Appreciation Course led by wine expert Patrick Chastain as you learn about the Oak Club referral program.

Movie Theater

Showings Daily

2:00 pm and 7:00 pm (MT)

Resident Meetings

Resident Council

3rd Tuesday, 3:00 pm (AR)

Activity Planning

3rd Thursday, 11:00 am (L)

Food Forum

3rd Thursday, 3:30 pm (AR)

Community Profile



Please welcome our new Executive Director, Cathy Katz! After spending 25 years with JC Penney, a life-altering event changed the course of Cathy's career: her mother-in-law was in a car accident that revealed the depths of her dementia. There had never been a reason for Cathy and her husband to know about dementia or memory care before this, so they joined an Alzheimer's group and soon after there was an opening at Casa de Santa Fe senior community. For almost nine years she had the privilege of serving 185 residents and over 100 employees. Cathy loves supporting a team and enjoys getting to know the residents. She is so thankful for the opportunity to join the Oakmont of Roseville family.

Birthdays

- 2/3 Ray A.
- 2/5 Roselyn C.
- 2/12 Barbara H.
- 2/15 Robert M.
- 2/18 Hiram D.
- 2/22 Weston H.
- 2/28 Elliot S.